

CV

Education

- **Doctor of Philosophy (PhD), Clinical Psychology** McGill University, Montreal, Canada 2013 – 2020
 - **Master of Arts (MA), Experimental Psychology** Wake Forest University, Winston-Salem, NC 2011 – 2013
-

Experience

Chief Executive Officer Evidence First Solutions · Full-time Sep 2025 – Present · Delaware, US (Remote)

Founder & President [Mensio Mental Health](#) · Full-time Jan 2017 – Present

- Business development and team management for mental health measurement and consulting services

Data Scientist and Mental Health Consultant Stepped Care Solutions · Contract Dec 2020 – Sep 2024 · Montreal, Canada (Remote)

- Established data science and reporting program for national mental health initiative
- Backend data acquisition and processing using Google ecosystem (BigQuery, Data Studio)
- Consulted on mental health measurement and practice for Wellness Together Canada project

Psychotherapist Mindspace (now Numinus) Sep 2018 – Mar 2023 · Montreal, Canada

Doctoral Student / Researcher McGill University Sep 2013 – Nov 2019 · Montreal, Canada

- Research on emotion and well-being constructs
 - Development of measurement and analysis methodologies
-

Areas of Focus

- Mental health measurement and outcomes tracking
 - Data science for mental health initiatives
 - Evidence-based treatment and practice
 - Measurement-based care implementation
 - AI and technology in mental health contexts
-

Languages

- English (native)
 - French (professional working proficiency)
 - Chinese
-

Skills

- Clinical psychology and psychotherapy
- Data science and analytics (Python, SQL, BigQuery)
- Mental health program evaluation

- Research design and methodology
 - Team management and business development
-

Full CV available on request.